

JOINT CAPTAINS X/C REPORT 2016/2017

- Thanks and well done to individuals and teams for effort and performance.
- Alan Purvis Quaiche- Alan the man who started Strider's participation in x/c sadly passed away this year. The Quaiche will be presented at Aykley Heads x/c fixture Nov 2018.
- Numbers: 55 men ran and 57 women which is quarter of club members taking part in the Harrier League x/c. Mens top finish position 3rd at Alnwick and women 4th at Thornley 2. End of season mens team 6th in division 1 and women's team 7th in division 1.
- Thornley X/C 1&2 Bites Back: Strider's injured Joanne Patterson, James Garland, Michael Mason & Mandy Dawson. Great that Mandy has finally recovered and given the all clear to run again.
- Other x/c competitions the club was represented at: relays Sheffield, Nationals Nottingham, Northerns Knowsley and North East Vets NorthTyneside.
- North East Champs: the club jointly hosted this event with Durham City Harriers and Derwentside AC. A huge commitment and team effort by club members : running, marshalling , constructing & dismantling the course making the event a great success and giving something back to the wider running community. (Apologies I forgot to mention this item on the night but it is important this event presented the club in a very positive light across the North East Region and made a lot of runners very happy)
- The Future: Continue to build on success.

