

Elaine Bisson

Ladies Cross Country Captain

Report October 2018

I will always remember my initiation into cross country in striders vest, nearly 30 years after my school days... Firstly Stan and then Susan (aka Mud woman) encouraging me onto the mud at the relatively tame Sherman Cup. Her enthusiasm never faltered despite some pretty tough conditions. I'm sure the whole club would wish her many, many thanks for her energies and commitment over the years.

And so, four years later I am tightening on my mudclaws and hopefully, with the same enthusiasm, rallying the purple troops onto the Harrier League battle fields. Last season saw both teams competing well in first divisions, the mens team finishing in 5th and the women's team battling it out near the very top, finishing second to Morpeth. Our teams have gone from strength to strength and there is no doubt in my mind that if we can turn up at each and every race with the numbers we had at Wrekenton we will truly be a team to watch. Whether you are in the fast pack fighting your way through the runners or are first on the line from the slow pack, you will count...it may be as a counter or to push another team down the ranks, or even to make it harder for the faster runners to get through.

So please, come wrapped up, be prepared to race your heart out as one of our purple army, cheer and encourage on your team mates then wrap up again and enjoy the spoils that the strider tent does so well. Come be part of the winning teams and let's show the North East just how good we are!