

First of all and most importantly 2018/2019 xc season was Geoff's final year as Men's XC Captain. He has been invaluable, over many years, for the smooth running of the xc season. He has organised, recruited, coached and encouraged many a strider to don their vest and spikes and run through the mud! I'm sure the whole club would like to say a huge thank you for his considerable input.

The 2018/2019 season Men finished 7th in the season and Women were 6th, both in the first division. Both teams were only a few points off 4th place.

We had many pack promotions. The mens team had 5 fast pack runners (Graeme Watt, Georgie Hebdon and Michael Mason all being promoted), 10 medium pack runners (promotions of that season for Phil Ray, Stuart Ord and Sam Renwick).

For the women, there were 3 in fast pack and a huge 17 in medium pack (Corrine Whaling, Katy Walton, Natalie Bell, Nelli Bala, Nina Mason, Sarah Davies, Susan Scott and Tricia Everett all among last years promotions)....apologies if I've missed anyone.

The outstanding performance of the year was Fiona Brannan. She finished 3rd overall in the individual grand prix and following her amazing performance at the North Easterns, she was selected for consideration to represent the county in the Inter County XC Championships. Well done Fiona!

We also had good teams competing at the North Easterns, Northernns and National XC Championships.

On to this season. It's fantastic to have Stephen Jackson taking over from Geoff as Men's XC Captain. Our aim now is to maximise our club's involvement in xc training and racing. We have the potential to do really well in the NEHL. Both men's and women's teams are strong but our outcome is dependent on maximum participation at each and every fixture. We have an exciting season ahead.